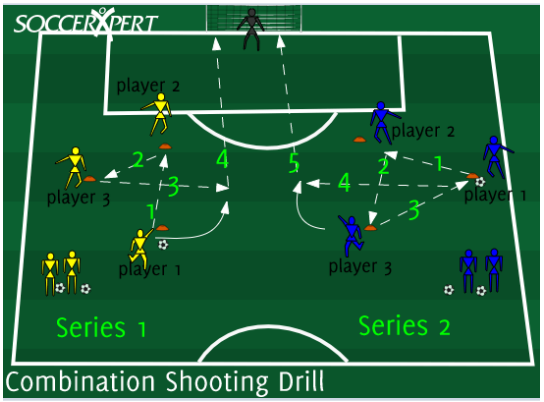

Drill Quick Glance

Age: 9+	**Field:** HALF FIELD
Players: 12+	**Time:** 20 MINS.
Difficulty: MEDIUM	**Focus:** SHOOTING
Keeper: YES	**Type:** Team
Author: Chris Johnson	

Equipment

Disc Cones/Markers | Full-Size Goal | Soccer Balls

Combination Shooting Drills

Objective:
This shooting drill focuses on combination play and building up for a shot on goal. There are multiple combination ideas to make the shooting drill more difficult progressively.

Setup

1. Create two triangles about 15 yards from each other and approximately 5 yards outside the penalty box. You can adjust the distance from the goal based on the age and skill level of your players.
2. Have the goalkeeper rotate through the shots after 3-4 shots on goal in a full-size goal.
3. Place a player on each cone with the remaining players lined up outside of the triangle area.
4. You will need a large supply of balls per triangle.

Instructions

COMBINATION SERIES 1

1. Player 1 starts the first series by passing to player 2.
2. Player 2 passes to player 3.
3. Player 3 lays a ball into space near the top of the penalty box where player 1 can hit a first-time shot on goal.

COMBINATION SERIES 2

1. Player 1 passes to player 2.
2. Player 2 then passes to player 3.
3. Player 3 returns the ball to player 1.
4. Player 1 lays off a ball into space for player 3 to hit a first-time shot on goal.

Coaching Points

Focus on the following topics:

1. Good passing combination to feet while playing in 1 touch.
2. Good fluid movement keeping the body under control
3. Finishing with a shot on target.
4. Focus on body mechanics when striking the shot.

Variations

- Switch sides the players shoot so players are shooting left and right footed.
- Be creative and make up other combinations as they are limitless.