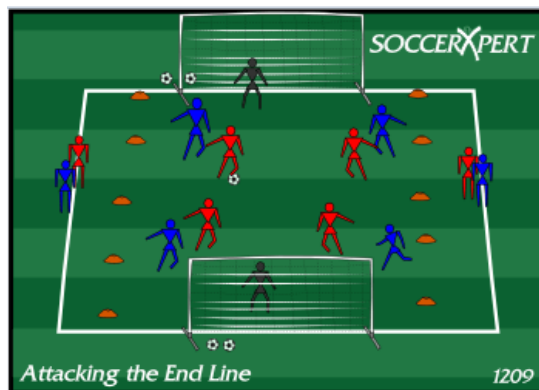




Drill Quick Glance

Age: 9+	Field: 40x50
Players: 10	Time: 20 MINS.
Difficulty: MEDIUM	Focus: CROSSING
Keeper: YES	Type: Team
Author: Chris Johnson	

Equipment

Disc Cones/Markers | Scrimmage Vests | Soccer Balls | Full-Size Goal

Attacking the End Line Crossing Game

Objective:

This drill focuses on attacking from the end line from the flanks and serving a ball in. This is a great crossing game to isolate the flank players and getting them to serve the ball in front of the goal.

Setup

1. Using half of a field, move the goal to the midfield line facing the goal on the end line.
2. Using 4-5 cones on each side, create a 10-yard wide channel along each touchline.
3. Two teams of 4 play in the middle.
4. Each team has one player in the channel and a goalkeeper in both nets.
5. One team starts with the ball and the remaining balls behind the goal.

Instructions

1. Instruct the players to play 4v4 in the middle area and 1v1 on the flanks in either channel.
2. The ball must be served from a channel to score a goal.
3. When the ball is in the channel, the channel players should play 1v1 until one of the player's breaks into the offensive side of the channel.
4. At this point, the defender should allow the cross.
5. The four players in the middle make near post, far post, trail, and supporting runs.

Coaching Points

- Proper service of crosses from flanks. When to serve on the ground, when to knock back, and when to drive hard.
- Make sure attackers are making proper runs.

Variations

- Increase or decrease the number of players in the middle
- Use wall passes, takeovers or overlaps.
- Rotate channel players.