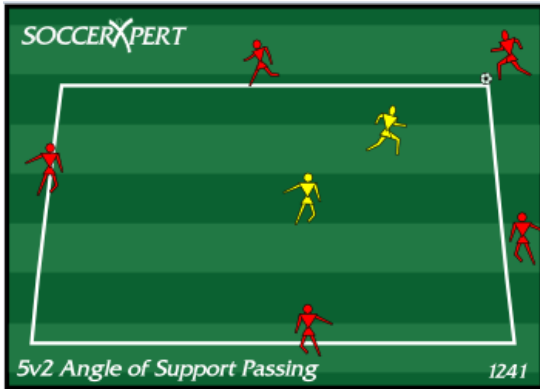




Drill Quick Glance

Age: 9+	Field: 12X12
Players: 7	Time: 15 mins.
Difficulty: MEDIUM	Focus: POSSESSION
Keeper: NO	Type: Team
Author: Chris Johnson	

Equipment

Disc Cones/Markers | Scrimmage Vests | Soccer Balls

5v2 Angle of Support Passing Drill

Objective:
The purpose of this soccer passing drill is to focus on players angle of support, the weight of passes and the quality of 1st touch.

Setup

1. Create a grid approximately 12x12 or 10x10 yards depending on the skill level of the players.
2. Put 2 defensive players inside the grid in one color and the remaining 5 players along the outside of the grid.
3. Make sure you have a good supply of soccer balls to keep the drill flowing.

Instructions

1. Instruct the 2 defensive players to stay inside the grid and attempt to break up any passes from the 5 outside players.
2. Outside players play keep away from the 2 inside players in an attempt to complete 10 consecutive passes.

Coaching Points

The coach should focus on:

- Angle of support
- Angle of passes
- Weight of passes
- Quality of 1st touch
- Playing on toes
- Early support
- Good communication

Variations

- Limit the outside players touch to 2-touches.