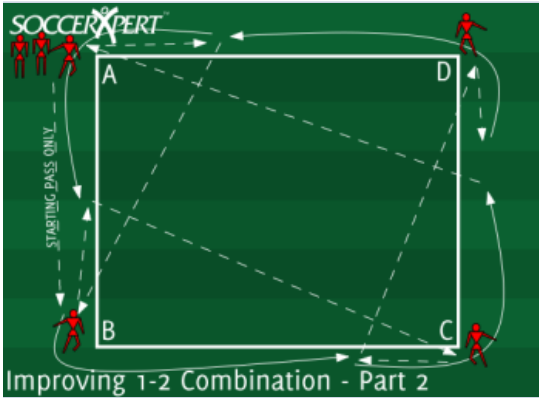




Combination Play; Improving 1-2 Combinations Part II

Objective:
This soccer passing drill focuses on improving 1-2 combination play. This passing combination drill encourages good movement off the ball.

Setup

1. Create a grid that is approximately 20 X 25 yards.
2. Set one player on three of the corner cones (B, C, and D).
3. The remaining players create a small line on the 4th cone (A).
4. The player at the beginning of the line starts with the ball.
5. Start with one ball in the beginning.

Instructions

1. Player A playing a long ball into Player B and follows his pass.
2. Player B lays the ball off back to player A and player B sprints around his cone towards player C.
3. Player A plays a ball to player C who plays the ball into the run of player B and C sprints around the cone.
4. Player B plays a long ball to player D, player D plays a ball into the run of player C, and the movement continues.

Coaching Points

- Focus on accurate passing with good pace on the ball.
- Focus on good communication among players.
- Focus on good movement before and after the pass.

Variations

- Add a second ball. Start with a ball at two opposite corners of the grid (A and C).
- Change the direction of the play.

Drill Quick Glance

Age: 9+	Field: 20X25
Players: 5+	Time: 20 MINS.
Difficulty: MEDIUM	Focus: PASSING
Keeper: NO	Type: INDIVIDUAL
Author: Chris Johnson	

Equipment

Disc Cones/Markers | Soccer Balls