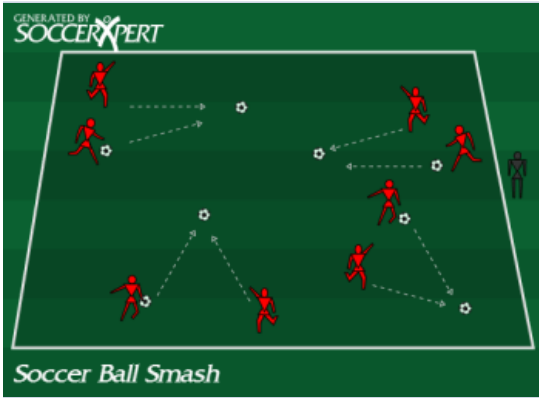




Drill Quick Glance

Age: 4-8	Field: HALF FIELD
Players: 4+	Time: 10 mins.
Difficulty: EASY	Focus: PASSING
Keeper: NO	Type: INDIVIDUAL
Author: Chris Johnson	

Equipment

Disc Cones/Markers | Soccer Balls

Soccer Ball Smash

Objective:
The Soccer Ball Smash soccer passing drill will focus on the player who is just learning to pass, as this drill will focus on passing accuracy.

Setup

1. Create a large grid approximately 40X50 yards.
2. Pair up each of the players and make sure each player has a ball.
3. The two partners should stand near to each other inside the grid but spread away from other groups of players when starting this drill.

Instructions

1. Instruct player 1 to pass his ball forward.
2. After Player 1's ball stops moving, player 2 then passes their ball at player 1's ball in an attempt to hit player 1's ball.
3. If player 2 misses, then player 1 tries to hit player 2's ball from where it landed previously.
4. Each time a player hits their opponents ball, they collect a point.
5. The first player to 5 wins that match.

Coaching Points

- Make sure the players are striking the ball with the right surface of the foot.
- Make sure the weight of the pass is good
- Watch the plant foot to make sure it is pointing to its target.

Variations

- Alternate the groups and repeat.
- Limit players to passing with certain parts of the foot: inside, outside, instep