



Drill Quick Glance

|                       |                   |
|-----------------------|-------------------|
| Age: 9+               | Field: HALF FIELD |
| Players: 8+           | Time: 20 MINS.    |
| Difficulty: MEDIUM    | Focus: ATTACKING  |
| Keeper: YES           | Type: Team        |
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Equipment

Disc Cones/Markers | Soccer Balls | Full-Size Goal

Shooting Combo, 1v1 Shooting Drill

**Objective:**  
This is a great shooting drill that focuses on making a move before shooting, making a 1-2 combination play before shooting, then taking on a defender 1v1 before shooting.

Setup

Create 3 lines (Line 1, 2, & 3) of players about 30 yards from goal with a goalkeeper in goal. Each player in line needs a ball.

Instructions

1. Instruct line 1 to make a move and shoot before the edge of the penalty box.
2. After player 1 shoots, they need to check into player 2 for a 1-2 ball. Player 1 should lay the ball off to player 2 for a first time shot.
3. After player 2 shoots, they move to defend the player in line 3. Player 3 should beat player 2 and have a shot on goal.
4. The players should not change lines yet. Let each player work through their line 3-4 times before switching lines.

Coaching Points

- Focus on good shooting technique, landing on the kicking foot, following through towards goal, and putting the ball on target.
- Kids should pay attention and remember their next task after shooting.

Variations

N/A