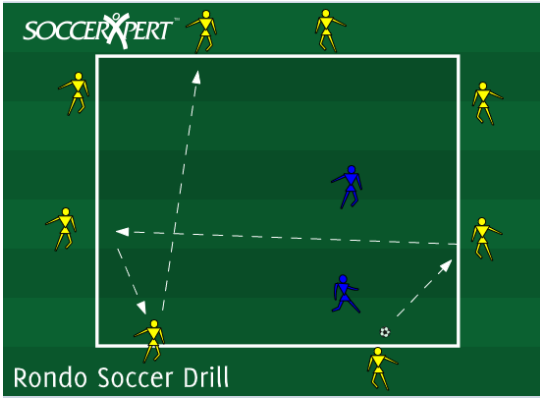




Drill Quick Glance

Age: 9+	Field: 12X12
Players: 6+	Time: 15 MINS.
Difficulty: MEDIUM	Focus: POSSESSION
Keeper: NO	Type: Team
Author: Chris Johnson	

Equipment

Disc Cones/Markers | Soccer Balls

Rondo Soccer Drill

Objective:

This rondo soccer drill is the rondo at its simplest. This rondo game is great as a warm-up drill to a game, or a drill for your practice session.

Setup

1. Create a 12x12 grid.
2. Position two defenders inside the grid.
3. Position the remaining players evenly spaced out around the outside of the grid.

Instructions

1. The players outside the grid start with a pass to any of the players on the outside of the grid.
2. The outside players attempt to remain in possession without letting the defenders win the ball.
3. The defensive players try to cut off passing lanes and win possession of the ball.
4. If possession is lost, whether to a defensive player, a bad pass, or a bad touch, the player making the mistake switches roles with one of the defenders.
5. Players should switch fast, and the game should not stop for long.

Coaching Points

- Players should only move minimally, left and right, to position themselves in good passing lanes.
- Encourage players to be creative as players often have to rely on tricks, flicks, flighted-balls, back-heels, and 1-touch passing
- Receiving players must learn how to react to handle all types of balls played to them.
- Players should think ahead of the play and be ready to play immediately.

Variations

- Limit the defensive side to 1 player for a lower skill level.
- Shrink the playing area for more skilled players.
- Limit touches to 1-touch.